



Office of
Deputy Commissioner of
Maritime Affairs

THE REPUBLIC OF LIBERIA
LIBERIA MARITIME AUTHORITY

22980 Indian Creek Drive
Suite 200
Dulles, Virginia 20166, USA
Tel: +1 703 790 3434
Fax: +1 703 790 5655
Email: MLC@lisrc.com
Web: www.lisrc.com

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Marine Advisory: 09/2024

SUBJECT: Advisory on Centro Internazionale Radio Medico's (CIRM) remote neuropsychological support to crews of ships sailing in the Red Sea

REF: a) [IMO Circular Letter No. 4863](#)

Dear Shipowners/Operators/Masters/Crew:

The CIRM, the Italian maritime telemedicine service (TMAS) has declared its capacity to provide remote neuropsychological support to crews of merchant ships that may be subject to attacks in the Red Sea by developing **UNSAFE SEA**, a dedicated service offering neurological and psychological support.

According to the Italian Coast Guard, the increasing number of attacks on commercial ships transiting the Red Sea poses significant problems in safeguarding the health of seafarers. Those seafarers who have or could be subject to attacks, after experiencing such negative events, are at a high risk of developing psychological disorders.

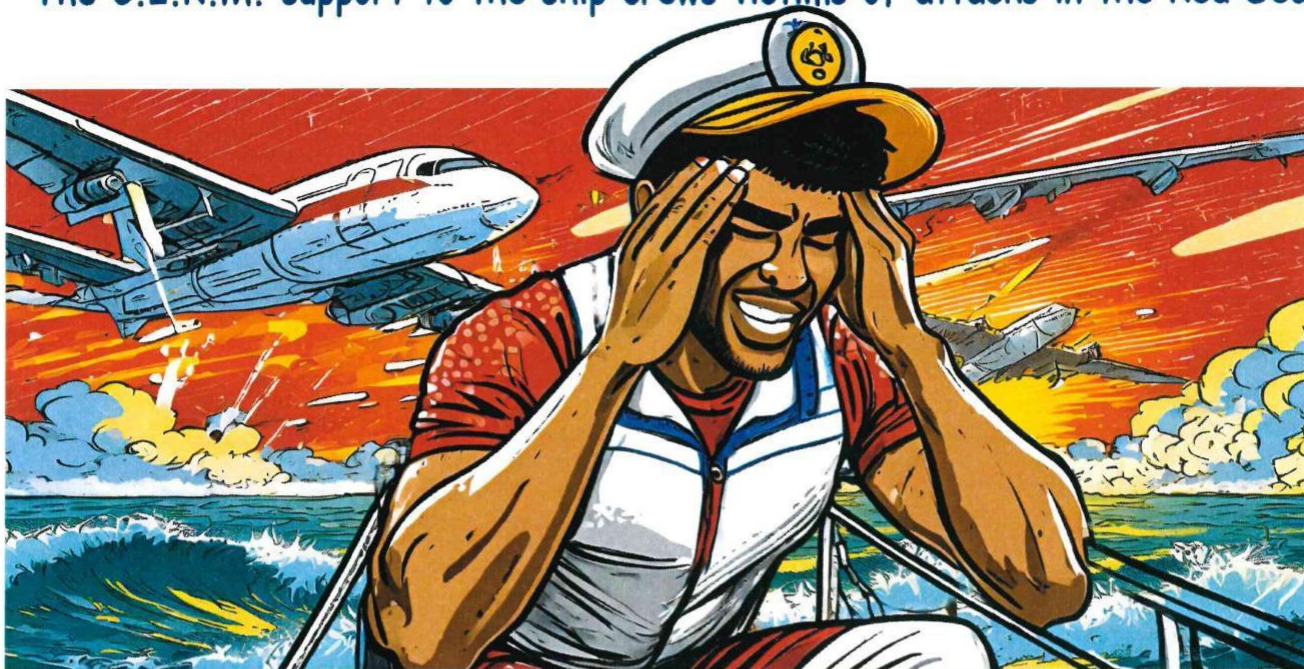
With the **UNSAFE SEA** project, CIRM hopes to alleviate the stress that ships' crew may experience. The service consists in telemedical assistance for offering: valuable emotional support, medical advice, if necessary, prescription of integration of the contents of the ship's pharmacy with medical compounds for the treatment of symptoms developed as a result of an attack on the ship, stimulations to use strategies for management of stress, etc.

Please refer to [reference a\)](#) of this Advisory for more information on the CIRM's **UNSAFE SEA** services.

For further information regarding this Advisory, please contact MLC@lisrc.com.

UNSAFE SEA

The C.I.R.M. support to the ship crews victims of attacks in the Red Sea



Centro Internazionale Radio Medico (C.I.R.M.), the Italian Telemedical Maritime Assistance Service (TMAS) is the organization with the largest number of patients assisted at sea worldwide. To support ships and their crew victims of attacks in the Red Sea and nearby Gulf of Aden, C.I.R.M. and his spin-off CIRM SERVIZI have developed the dedicated service UNSAFE SEA. This service offers a dedicated neurological and psychological support service to victims of Red Sea shipping attacks.

The service consists in telemedical assistance for offering:

Valuable **emotional** support

Medical advice if necessary

Prescription of **integration** of the contents of the ship's pharmacy with medicinal compounds for the **treatment** of symptoms developed as the result of an attack to the ship

Stimulations to use strategies for management of **stress**

To limit the **stress** burden

To provide tools for management of **stress**

To prescribe appropriate **pharmacological treatments** to reduce anxiety, insomnia and other neuropsychiatric problems

To ensure a continuous **psychological support**

To **reduce risk** factors for the onset of psychopathology



For further information, please contact:
info@cirmservizi.it

